





week #	category	item	number	size	my family needs	tick here	only for	notes	why?	shop	approx price each
5	society	copy of drivers licence	1								
5	society	passport	1								
5	warmth	shirt, long sleeved flannelette	1					old		St Vinnies	
6	medical	tweezers	1		1		Father			supermarket	
6	medical	Vaseline			1		Father	small container		supermarket	
6	medical	Bandages			1		Father		for sprains, wounds		
6	medical	anti-biotic ointment	1		1		Father				
6	medical	toilet paper roll	1							supermarket	
6	medical	sanitary supplies								supermarket	
6	medical	scissors, small medical	1		1		Father		cutting bandages etc		
6	medical	flannelette	1					small cloth		supermarket	
6	medical	gloves, medical	6		1		Father	optional	avoiding risk of contamination		
6	warmth	little devils	3				Adult	fire starter cubes		supermarket	
6	medical	safety pins	4					small		supermarket	
7	shelter/protection	tent	1					this can be as simple as thick plastic, or an army "hoochie"		camping store	
7	food	spork	1					fork/spoon combination			
7	baby	carry backpack	1				Father			camping store	
7	society	stainless steel mirror	1				Adult		used to flash for attention, stainless steel won't shatter	camping store	\$4.50
7	warmth	space blanket	1						reflects heat		
7	shelter/protection	poncho	1					plastic	protect from rain	camping store	

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7	warmth	sleeping bag	1				Optional?			camping store	
7	shelter/protection	sleep matt	1				Optional?	optional		camping store	
7	baby	wipes	15							supermarket	
7	baby	nappies	15							supermarket	